

## リーディングスキル

私たちが用いる「読みの技術」は“どのような読み方をしたいか”で異なってきます。つまり、読みの目的に応じて臨機応変に **Reading Skills** (読みの技術) も変えるべきなのです。当たり前といえば当たり前ですが、多くの方は“精読”と“速読”ぐらいしか知りません。これ以外の読み方を習っていれば“ご立派”です。

ここでは *Reading* (Prentice Hall, CALS Reading University) の意見に従って、リーディングスキルのうち、特にスキミング (Skimming) とスキヤニング (Scanning) の概念を理解しましょう。

ねらい

Skimming と Scanning の違いを知る

### Reading strategies and skills

This course will give you the opportunity to develop and practice reading strategies and skills which can be applied to all forms of academic study. The strategies and skills you will practice are as follows:

1. Predicting
2. Skimming
3. Scanning
4. Detailed reading
5. Guessing unknown words
6. Understanding main ideas
7. Inferring
8. Understanding text organization
9. Assessing a writer's purpose
10. Evaluating a writer's attitude

読みの戦略と技術はこんなにたくさんあるのですね。われわれに極端に欠けている技術は2. の **Skimming** と3. の **Scanning** です。ではこの二つの技術がどんなものか、次の文章で理解しましょう。

#### Skimming

Skimming involves reading quickly through a text to get an overall idea of its contents. Features of the text that can help you include the following:

- (a) Title
- (b) Sub-title(s)
- (c) Details about the author
- (d) Abstract
- (e) Introductory paragraph
- (f) First, second and last sentences of the following paragraph
- (g) Concluding paragraph

A text may not contain all of these features – there may be no abstract, for example, and no sub-titles – but you can usually expect to find at least (a), (e), (f) and (g). Focusing on these will give you an understanding of the overall idea or gist of the text you are reading – in other words, a general understanding as opposed to a detailed reading.

Another term of this kind of reading is *surveying*. Surveying can be described as looking quickly through a book, chapter of a book, article from a journal, etc., to decide whether or not it is suitable for your purpose. To decide whether or not a text is suitable,

especially if it is a book, you will also need to focus on the following features in addition to those mentioned above:

- (a) Edition and date of publication
- (b) Table of contents
- (c) Forward
- (d) Introduction
- (e) Index

### Scanning

When you scan a text, again you look quickly through it. However, unlike skimming, scanning involves looking for specific words, phrases and items of information as quickly as possible. In other words, scanning involves rapid reading for the *specific* rather than the general; for *particular details* rather than the overall idea.

When you read a text, for example, you may want to find only a percentage figure or the dates of particular historical events instead of the main ideas. Scanning will help you find such information more efficiently.

( These sentences are quoted from Don McGovern, *Reading*, pp.2-4. )

### Notes:

overall = 全体的な、全般的な    abstract = 抄録、要約    features = 特徴    gist = 要旨  
article = 記事    scan = ざっと目を通す、拾い読みをする    skim = ざっと読む、すくい取る  
figure = 数字

次回までに以下の事柄を読み取ってきなさい。

**課題 1**    skimming と scanning の概念をそれぞれどういう読みの技術か

- スキミングとは =
- スキャンニングとは =

**課題 2**    高校までに習った読みの技術はどんなものですか？

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\* 概念が理解できたところで、練習問題で実践してみましよう。